

INSPIRING THE FUTURE



A trusted brand

Fula was first launched in Portugal in 1965 as the purest peanut oil coming from Guinea-Bissau.

Its name comes from Africa, as Fula is the name of a well-known central African tribe.



fula

ORIGINAL



Fula is one of the most prestigious brands in Portugal and has been the consumers top choice for over 50 years





Studies have shown that the brand Fula is recognized and trusted by most of the Portuguese consumers





Fula is exported to many countries: Angola, Mozambique, France, China, UK, Switzerland, USA, Luxembourg, South Africa and Korea, among others.



Fula How What

Why ↓

Inspire a more diverse and inclusive future of food

How



Remain at the forefront of edible oils and explore new audiences and dietary needs

What



Accessible products for everyone, combining Fula's trust and familiarity with culinary novelty and variety





Fula







CORE RANGE ▼

ORIGINAL





fula

ORIGINAL

Óleo alimentar com aroma natural.













Experiment with new recipes



Try unexpected combinations



Delight the palate



CORE RANGE ▼

PURE



PURE PEANUT



temporariamente indisponível



→ Cakes and cookies

Deep-frying

and fondues

New experiences

Crispier dishes



→ Sweets and pastries



PURE CORN

1L



PURE SUNFLOWER

1L 3L



Mayonnaises and vinaigrettes





CORE RANGE ▼

SPECIAL



Evolution and innovation in the Core range. **Fula Super 5** delivers more performance and health benefits

The 5 main functional benefits of the product:



→ High in Vitamin D



→ High in Vitamin E



New generation anti-fried-odor



Crispier texture for fried foods



Milder frying flavor



NATIVOS RANGE





FULA NATIVOS COCO



It's ideal for stir-fries, desserts, popcorn, and for adding to coffee.





